

# Activating The Wild Heart

## A Goddess Warrior Training



When: **October 12-15, 2015** Where: **Light Center at Black Mountain, NC**

Are you ready to move into intimate alliances with sovereign sistars? Will you take a stand with us? Healing hearts of self, sistars, earth mother and serve as an EARTH WHISPERER?

**YES! ~ then come sit with us in a strong, safe, sacred container and access your soul gifts and spirit's genius. Discover your resilience and resistance, & emerge as the Sacred Feminine.**

- Opening Goddess Cacao Ceremony
- 3 Days of Sacred Wheels of Women's Initiations
- Daily integrative yoga, movement, meditation, and breathwork
- Sunrise visioning and pipe ceremonies
- Cocreate an Ancestral Altar devoted to women lines
- Explore 160 acres of ancient, magical Appalachian mountains

This Sacred Journey Includes 3 nights lodging at the Light Center, queen size shared bed with private bath and all meals made with local organic foods.

Artwork by Carol Hiltner (2009)

Featuring angelic **Singer/Songwriter SANDRAYATI FAY** offering a soundscape of live music inspired by human rights, identity and love.

Investment:

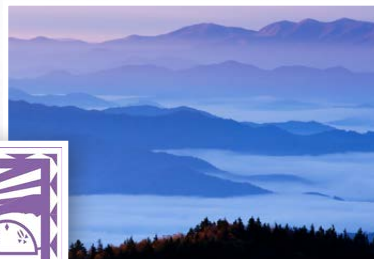
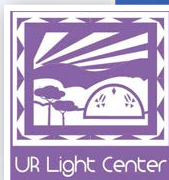
**EARLY BIRD Registration** before SEPT. 15 ~ \$599

**Regular Registration** ~ \$677

\* Non-refundable Deposit ~ \$255

To Register Visit [livethriveandlove.com/yoga/events](http://livethriveandlove.com/yoga/events)  
or Email [carolyn@livethriveandlove.com](mailto:carolyn@livethriveandlove.com)  
or [kaariinatruth@hotmail.com](mailto:kaariinatruth@hotmail.com)

The wild and sacred heart is innocent, fierce, erotic, rooted in rhythms, tidal in nature and transformative of our shadows!



[www.urlightcentre.org](http://www.urlightcentre.org)



**Kaarina Natalie Saari M.Ed. Councilor**

- 35 years of dedicated coevolutionary education
- Fierce bloodline shamanka with Mongolian roots
- Founder of Healing Ways, Woman Wyse
- Karuna Reiki Mastery
- Golden Reindeer Moon Lodge holder



**Carolyn Little, M.A. Social Justice**

- Certified Holistic Health & Life Coach
- Registered Yoga & Meditation Teacher
- Reiki Master
- International facilitator empowering wellness & leadership
- Servant of Gaia & the Great Mystery

